

Experience the Extraordinary



TAPOVANA™

Nurturing Heritage, Enriching Wellness



18 Services

AYURVEDA THERAPIES

Abhyanga, Powder & Poultice massages, Shirodhara, & Facials



48 Services

AYURVEDA TREATMENTS

Panchakarma, Upakarma treatments, Lifestyle disorder treatments



07 Services

NATUROPATHY THERAPIES

Yoga & Meditation



05 Services

NATUROPATHY TREATMENTS

Cupping therapy, Acupuncture & Mud therapy



51 Services

SALON - HAIRCARE

Hair cut, Hair Color, Dandruff, Hairfall, Smoothing & Nanoplastia Treatment.



17 Services

SALON - NAILCARE

Nail cut, file & Nail Art Manicure & Pedicure



34 Services

SPA - SKINCARE

Facials, Waxing, D'tan & Bleech



10 Services

SPA - BODYCARE

Aroma massages, Deep tissue massages, warm stone therapy

PRICE CARD

2 0 2 6

Ayurveda



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Abhyanga

Abhyanga (Warm Oil Massage)	45 min	₹ 2,500
Potli Massage (Warm Poultice)	45 min	₹ 3,000
Udwarthana (Powder Massage)	45 min	₹ 3,000
Shiro Abyanga (Head Massage)	20 min	₹ 1,000
Prista Abyanga (Back Massage)	20 min	₹ 1,000
Pada Abyanga (Foot Massage)	20 min	₹ 1,000



Shirodhara



Shirodhara with Kashaya	30 min	₹ 1,000
Shirodhara with Buttermilk	30 min	₹ 1,500
Shirodhara with Tender Coconut	30 min	₹ 1,500
Shirodhara with Medicated Oil	30 min	₹ 2,000
Sukeshani Hairfall Therapy	30 min	₹ 1,500

Facials

Mukha Lepa	30 min	₹ 1,500
Navara Lepa	30 min	₹ 1,500
Phala Lepa	30 min	₹ 1,500
Panchamruta Lepa	30 min	₹ 1,500



Bundle

Abhyanga + Shirodhara (Kashaya)	90 min	₹ 3,300
Saundarya Rasayana (Abhyanga + Mukhalepa)	75 min	₹ 3,500
Sampoorna Abhyanga (Abhyanga + Potli Massage)	60 min	₹ 3,500
Signature AYU Therapy (Abhyanga + Shirodhara K + Mukhalepa)	120 min	₹ 6,000



Naturopathy



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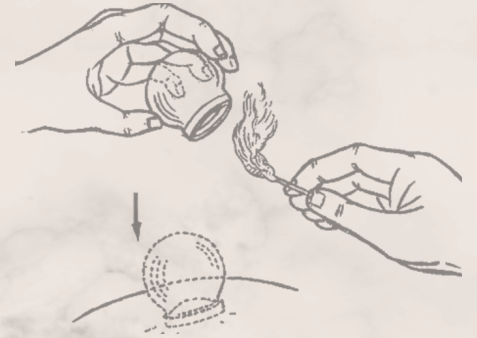


Yoga

Kids Yoga (per month)	60 min	₹ 2,000
General Yoga (per month)	60 min	₹ 2,500
Meditation	30 min	₹ 300
Therapeutic Yoga	60 min	₹ 500
Dynamic Yoga	60 min	₹ 1,000

Treatments

Mustard Pack	15 min	₹ 200
Abdominal & Eye Mud Pack	30 min	₹ 500
Cupping Therapy	20 min	₹ 500
Acupuncture without Stimulation	45 min	₹ 500
Acupuncture with Stimulation	45 min	₹ 800



Hair Care

Threading

Forehead	10 min	₹ 30
Upper Lip	10 min	₹ 30
Chin	10 min	₹ 30
Sidelocks	10 min	₹ 50
Eyebrows	10 min	₹ 50
Face	20 min	₹ 200



Hair Styling

(with wash & blowdry ₹400 extra)

For Medium Hair	30 min	₹ 400
For Long Hair	30 min	₹ 500



Hair Care



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Haircut



Beard (Male)	20 min	₹ 150
Kids Haircut (Male)	30 min	₹ 200
Basic Haircut (Male)	45 min	₹ 300
Kids Haircut (Female)	30 min	₹ 400
Basic Haircut (Female)	45 min	₹ 600
Advance Haircut (Female)	60 min	₹ 800

Ironing

For Medium Hair	45 min	₹ 1,100
For Long Hair	60 min	₹ 1,500
Hair Crimping	60 min	₹ 700
Hair Tongs	60 min	₹ 1,500
Premium Tongs	60 min	₹ 2,000



Hair Colour



Crazy Colour Single Stripe (M)	120 min	₹ 1,100
Ammonia Colour (M)	90 min	₹ 1,200
Ammonia & PPD Free Colour (M)	90 min	₹ 1,700
Global Highlights (M)	120 min	₹ 1,700
Colour Single Strips (F)	90 min	₹ 500
Crazy Colour Single Strips (F)	120 min	₹ 800
Root touchup (F)	90 min	₹ 2,000
For Short Hair (F)	90 min	₹ 3,000
Crown Highlights (F)	90 min	₹ 3,500
For Medium Hair (F)	120 min	₹ 4,000
For Long Hair (F)	120 min	₹ 5,000
Global Highlights (F)	120 min	₹ 6,000
Enlightening with Global Colour (F)	180 min	₹ 6,000

Hair Care

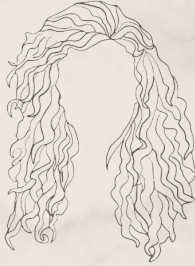


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Hair Treatment

Booster Treatment	15 min	₹ 900
Hairfall Treatment		₹ 15,000



Oiling

(with wash ₹400 & with conditioner ₹1,000 extra)

Head Massage with Oil	30 min	₹ 1,000
Head, Neck & shoulder Massage	40 min	₹ 1,700

Hair SPA

Hair SPA (Male)	45 min	₹ 1,000
Dandruff Treatment (Male)	45 min	₹ 1,100
Hairfall Treatment (Male)	45 min	₹ 1,200
Advance Moisturizing SPA (Male)	45 min	₹ 1,500
Hair SPA (Female)	45 min	₹ 1,300
Dandruff Treatment (Female)	45 min	₹ 1,500
Hairfall Treatment (Female)	45 min	₹ 1,600
Advance Moisturizing SPA (Female)	45 min	₹ 2,000
Head SPA (Club of 6 Services)	60 min	₹ 3,000
Korean Hair SPA *(coming soon)	45 min	₹ 3,500



Smoothing & Nanoplastia

Smoothing for Short Hair (M)	240 min	₹ 2,000
Smoothing for Short Hair (F)	240 min	₹ 4,000
Smoothing for Medium Hair (F)	300 min	₹ 6,000
Smoothing for Long Hair (F)	360 min	₹ 8,000
Botox (F)	360 min	₹ 8,000
Nanoplastia (F)	360 min	₹ 10,000



Nail Care



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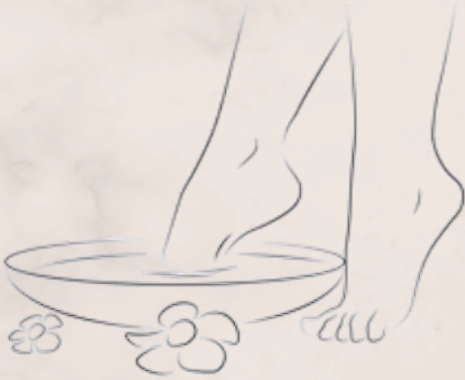
Nail Style

Cut, File & Polish	20 min	₹ 200
Nail Paint	20 min	₹ 100
Nail Art	45 min	₹ 1,000
Nail Extension - Acrylic	90 min	₹ 2,000
Nail Extension - Gel	90 min	₹ 2,000
Nail Art Removing	15 min	₹ 300



Manicure & Pedicure

Basic Manicure	30 min	₹ 500
Basic Pedicure	45 min	₹ 800
Paraffin Wax	30 min	₹ 800
Advance Manicure	45 min	₹ 800
Advance Pedicure	60 min	₹ 1,300
Advance Manicure & Pedicure	105 min	₹ 2,000
Foot Reflexology	45 min	₹ 1,500
Premium Manicure	45 min	₹ 1,500
Premium Pedicure	75 min	₹ 2,000
Footlogix Pedicure	60 min	₹ 2,000



Skin Care

Detan

Neck & Face	20 min	₹ 600
Full Body	45 min	₹ 2,700

Skin Care



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Bleach

Under Arms	20 min	₹ 250
Feet / Palms	20 min	₹ 300
Neck & Face	20 min	₹ 600
Midriff	20 min	₹ 600
Arms	20 min	₹ 800
Full Front	30 min	₹ 800
Back	20 min	₹ 1,000
Legs	30 min	₹ 1,200
Full Body	60 min	₹ 2,700



Waxing



Under Arms	15 min	₹ 200
Face	15 min	₹ 300
Half Legs	15 min	₹ 500
Arms	15 min	₹ 600
Legs	20 min	₹ 800
Only Back / Front	30 min	₹ 900
Bikini (F)	60 min	₹ 2,000
Full Body	60 min	₹ 3,000

Facials

		Hand	Hydra
Basic Cleanup	30 min	₹ 800	
Basic Facial	45 min	₹ 1,600	₹ 2,000
Advance Facial	45 min	₹ 2,000	₹ 2,500
Premium Facial	60 min	₹ 2,500	₹ 3,000
Richness Facial	75 min	₹ 3,500	₹ 4,000
Luxury Facial	90 min	₹ 4,500	₹ 5,000
Ultra Luxury Facial	90 min	₹ 5,500	₹ 6,000
Bridal Facial *	120 min	₹ 8,000	₹ 9,000



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Body Care



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SPA Massages

Lavender Oil Massage	50 min	₹ 2,500
Aroma Oil Massage	50 min	₹ 2,800
Indonesian Massage	50 min	₹ 3,000
Swedish Massage	50 min	₹ 3,500
Aroma Oil Luxury Massage	90 min	₹ 3,700
Deep Tissue Massage	90 min	₹ 4,500
Body SPA (Club of 6 services)	75 min	₹ 4,500
Warm Stone Therapy	90 min	₹ 5,000

Signature Massage

TAPOVANA Signature Therapy	90 min	₹ 5,000
TAPOVANA Body Enriching	90 min	₹ 5,000
TAPOVANA Body Wrap	120 min	₹ 6,000



Signature Bridal Ritual

Swarna Kaya (Per Person) 11 Hrs ₹30,000

2-3 Days

Swarna Kaya harmoniously combines tradition with luxury, ensuring you feel luminous, confident, and fully prepared for your special occasion. Embrace your new beginning radiating with brilliance.

SPA Beauty

Basic Manicure & Pedicure		
Basic Facial	90 min	₹ 2,700



SPA Skin

Waxing		
Arms, Under Arms, Legs	45 min	₹ 1,400

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Packages



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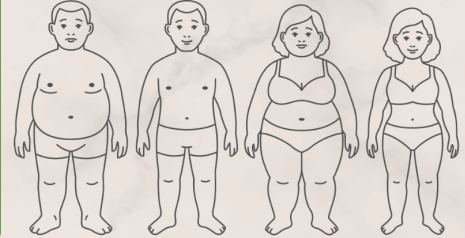
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AyurYoga 45

The AyurYoga 45-Day Weight Loss Challenge
Dinacharya Reset
Fat-Burning Yoga
Fat-Loss Diet Rules
Weekly Therapies

45 Days

₹ 33,000/-



Subscription

For a Family

Any Services Redeemable Worth ₹50,000

Includes Doctor Consultation

Includes Ayurveda, Yoga, SPA & Salon Services

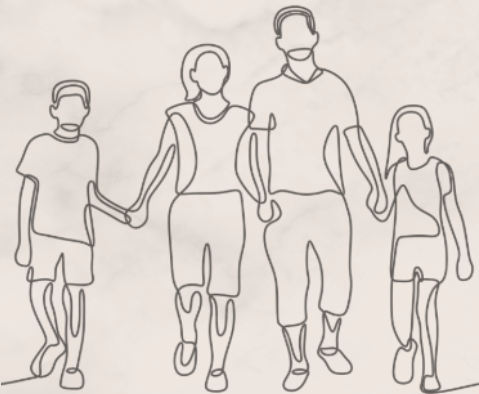
Tapovana Heritage Furniture Coupon Worth ₹20,000

Event passes for free - 2 nos

Early Access To Exclusive Offer

TAPOVANA Subscription Fee

365 days ₹ 36,000



Treatments

Upakarmas

- Janu Basti
- Kati Basti
- Greeva Basti
- Akshi Tarpana
- Ksheera Dhooma
- Shiro Basti
- Alepa
- Talam
- Karana Poorana

Sarwanga Dhara Treatments

- Ksheera Dhara
- Kashaya Dhara
- Dhanyamla Dhara
- Thaila Dhara (Pizhichil)

Potli Massage

- Patra Pinda Sweda
- Shastikashali Pinda Sweda
- Choorna Pinda Sweda
- Valuka Sweda
- Lavana Pinda Sweda
- Dhanyamla Pinda Sweda
- Jambeera Pinda Sweda
- Mamsa Pinda Sweda
- Kukutanda Pinda Sweda

Eye Care

- Triphala Seka (Eye Health)
- Pindi (Cooling eye pack)
- Akshi Tarpana (Better vision)
- Avaguntan (Head ach)



Treatments



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Panchakarma

Doctor Consultation

Nadipariksha, Patya, Dinacharya, Aushadi, Chikitsa

Panchakarma Treatments

Duration 7 - 28 days

Panchakarma Treatment Price * ₹5,000
*onwards

Please note that accommodation and Patya food facilities are available at an additional cost.

Contact us

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